

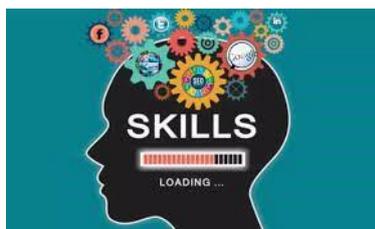
# Beauchamps Careers Newsletter



Issue 2  
June 2021

## Finding Your WOW Skills!

Discovering your skills will take time but enables your self-growth which will help guide you to your future. Strengths and skills are not always academic but can also be based on who you are as a person. For example, if you like writing your own stories, drawing, or performing, you're most likely an imaginative individual who does well in creative subjects in school. Remember, skills and strengths come from both academic achievement and personal experiences!



Finding your skills will help you write a CV, plan for your future career, and discover more about yourself which can increase your self-confidence.

**Here are some useful skills you may have gained from studying your core subjects at school:**

- ☺ **English:** creative thinking, listening, presentation.
- ☺ **Science:** teamwork, determination, curiosity.
- ☺ **Maths:** problem solving, numeracy skills, logical.

Discovering your strengths and skills will support you to figure out what future career you feel is right for *you*.

To start your journey of finding your future, think about who you are, your **key skills**, your employment experience, qualifications you have gained and your hobbies and interests.

Using [www.kudos.com](http://www.kudos.com) can help you with this.  
Give it a go and explore your WOW Skills further!

By **Grace Riley** (Volunteer Careers Assistant)

**Don't wait for the right  
opportunity: create it.**

Welcome Back!

This edition focuses on your Skills. With the end of the academic year fast approaching and lots of students seeking summer jobs, volunteering opportunities, apprenticeships, and work experience, now is the time to start thinking about your own skills and strengths. Being able to showcase these to an employer and utilise them during your time in education sets you up for a positive and successful career journey. To help you on the way check out the A-Z of Skills in this bulletin.

During the summer term we are going to start introducing 1-1 Careers Guidance appointments for our Year 10 students, so keep an eye out on the plasma screens for your name and time! We are currently working on a new careers appointment booking app so watch this space for more info.

**Mrs Emmerson**  
(Careers Leader)



# Virtual Work Experience

## EXPECTATIONS!

A big part of work experience is knowing how to behave appropriately and professionally in the workplace. You may be provided with a Code of Conduct to ensure that everybody who participates has a full understanding of expectations. Read it and understand it!

Generally, in brief, an employer will expect **all students to:**

- display appropriate behaviour always, both in the workplace and online.
- show cooperation, honesty, fairness, and respect.
- create an environment where your self-esteem, self-respect and self-confidence will grow.
- recognise and respect the rights of others.
- take responsibility for your own behaviour.

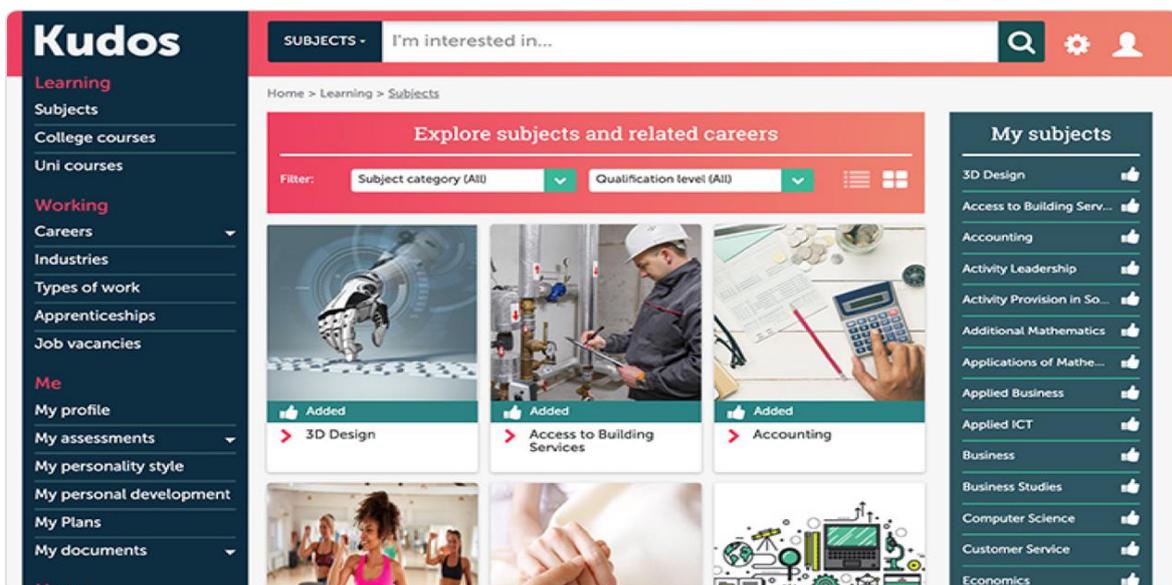
## PREPARATION!

Gather the resources you'll need beforehand. Also, think about the equipment that you might need daily – have stationery nearby because you might need to make notes but most of all, remember to enjoy the experience! Hopefully you will be excited, you may even feel a bit nervous not knowing what to expect from a Virtual Work Experience Programme, but whatever your feelings are, remember that this is a great opportunity to interact with employers, gain valuable workplace skills and receive meaningful feedback



## KUDOS

Don't forget to start exploring KUDOS this half term. KUDOS will help you learn about the numerous pathways available to you. You can use the programme to explore routes that include Further Education, Higher Education, and Apprenticeships. Remember your username is your Full Student Email Address. If you cannot remember your password please contact [kemmeron@beauchamps.essex.sch.uk](mailto:kemmeron@beauchamps.essex.sch.uk)



<https://kudos.cascaid.co.uk/#/>

# Virtual Work Experience

Some of the New Virtual Work Experience Opportunities Recruiting Now:

## Jackson – Civil Engineering

Date: 21<sup>nd</sup> June 2021

Eligibility: 16+ year olds with an interest in civil engineering.

Application Deadline: 31<sup>th</sup> May 2021

<https://www.s4snextgen.org/Opportunities/View/id/1597>



## ENGINE- How long before I become a billionaire?

Date: 23<sup>rd</sup> June 2021

Eligibility: 16+ year olds with an interest in technology.

Application Deadline: 21<sup>st</sup> May 2021

<https://www.s4snextgen.org/Opportunities/View/id/1610>



## Farrans Construction

Dates: 15th - 17th June 2021

Eligibility: 14+ year olds interested in Construction.

Application Deadline: 1st June 2021

<https://www.s4snextgen.org/Opportunities/View/id/1586>



## Live Virtual NHS Healthcare Careers Work Experience Programme

Dates: Multiple

Eligibility: 16+ interested in Medicine, Nursing, Midwifery, Paramedics, Pharmacy, Podiatry

Application Deadline: Apply ASAP

<https://alliedhealthmentor.org/product/live-virtual-work-experience-programme/>

## **CALLING ALL YEAR 12/13 FEMALE STUDENTS**

### **STEP IN, STEP UP – INSIGHT INTO TECHNOLOGY: DEADLINE APPROACHING!**

The Step In, Step Up: An Insight to Technology programme is an introductory one-day programme designed for Year 12/13 female students. The day will give an oversight into the different Technology programmes Morgan Stanley offers, as well as giving participants the opportunity to partake in interactive challenges, panel sessions and career workshops.

Programme dates: 30th July 2021 (Programme to be hosted virtually)

**Deadline for applications: 6 June 2021**

Check your school email for the link to apply or come and see Mrs Emmerson.

# Apprenticeships

## Thinking about Apprenticeships?

The latest parents' pack from Amazing Apprenticeships is a fantastic resource for parents, packed full of tips on a variety of topics - not just apprenticeships - such as 'how to use a gap year well' and 'three questions to help your child feel less overwhelmed about career choices' <https://amazingapprenticeships.com/resource/parents-pack-may-21/>

Thinking about a Career in the Police Force? Check out the New Policing Degree Apprenticeships <https://aru.ac.uk/study/degree-apprenticeships/become-a-police-officer>

## Where to start your search....

<https://www.gov.uk/apply-apprenticeship>

<https://centreforapprenticeships.co.uk/about-cfa/>

## Want to discuss Apprenticeships further?

Book an appointment to speak to Mrs Emmerson

[careers@beauchamps.essex.sch.uk](mailto:careers@beauchamps.essex.sch.uk)



# Volunteering



Have you ever considered volunteering? Now is the time!

It's human nature to feel good after helping someone out. Volunteering can also help you gain valuable new SKILLS and experiences, and boost your confidence as well as support your local community and add a new dynamic to your CV.

“Volunteers don't get paid, not because they're worthless, but because they're priceless”

# Skills Builder

We need eight essential skills to succeed in education, work and life



## Update

During this final half term we will be working to map where the eight key skills of the Skills Builder framework are used across curriculums of all subjects, and how these can be demonstrated to students in lessons.

Not a day goes by where listening, speaking, problem solving, creativity, staying positive, aiming high, leadership, and teamwork skills aren't practised and developed by us all, yet it is not always apparent when this is happening. Through a step-by-step developmental approach, everybody will be able to reflect and self-assess against the criteria of each skill, and then identify how these characteristics can be improved further. This will then lead to improved applications for university, apprenticeships, jobs, etc, and support students in identifying their own skills during interviews.

(Mr Symes – Strategic Leader for Careers)

## Careers in the Curriculum

With the KATs having been completed, an opportunity arose to delve into some content that students do not always get a chance to explore in a great deal of detail. Among the various curricular and extra-curricular opportunities within lessons, Year 11 students were introduced to the world of income and salaries, take home pay and the expense of living! They were able to calculate the amount of income tax and national insurance that would be paid in various salary scenarios, explore the idea of mortgages, interest rates and deposits, and look at an in-depth scenario of incomings and outgoings, including various types of taxes. In addition to this, time was given to practise the skill of writing a CV and cover letter for an application, something which is developed regularly throughout the school.

(Mr Symes – Strategic Leader for Careers)

## Student Feedback

Recently, our class has engaged in several lessons aiding us in CV writing, to prepare us for future ventures. During these classes we have had support in the nature, tone and information that needs to be incorporated into our CVs. Personally, I have found these exercises ~~to be a significant part of our education outside of the GCSE curriculum;~~ have been a beneficial foundation to enable us to construct an informed idea of what is necessary outside of "school-life". It is undeniable my peers also share the same thoughts on these lessons and have gained important insight through these lessons. **(Aiesha C)**

The lesson in CV writing significantly improved my knowledge, as it helped me understand the foundations of an effective, convincing and versatile CV. Furthermore, after the lesson, I was able to identify the skills and experiences that I should include in my CV to enhance employability as my teacher had thoroughly explained the fundamentals of creating a persuasive CV that will certainly help me obtain jobs in the future. **(Shireen.J)**

## Contact Information Careers Department

Mrs Emmerson – Careers Adviser

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Twitter: @Beauchampssch

Facebook: Beauchamps High School Official



# The A-Z of Your WOW Skills!

When thinking about your personal transferable skills, always think about how you can evidence these. What we mean by this is for you to consider an example where you have used that skill either at school, within your job, when volunteering or at home.

Think about the STAR method – Situation, Task, Action, Result.

- A**daptable - able to adjust to new conditions
- B**rand awareness - aware of a particular product or service
- C**ultural awareness - having an understanding and respect of people from different countries or other backgrounds
- D**eductive skills - reaching an answer or a decision by thinking carefully about the known facts
- E**mpowering - having qualities that help other people feel more confident about themselves and their lives
- F**ace challenges head on - confronting a problem directly and openly
- G**lobal awareness - understanding of global and cultural perspectives with social, political, economic, cultural and environmental issues
- H**onest - telling the truth and not deceiving people
- I**nclusive - including many different types of people and treating them all fairly and equally
- J**udgement - being able to make the right decision from a set of data is something that will make you instantly more employable.
- K**inaesthetic - having an awareness of the position and movement of parts of the body
- L**eadership - the ability to lead or guide other individuals and teams
- M**ediation - intervention between conflicting parties to promote reconciliation, settlement, or compromise
- N**egotiation - the process of discussing something with someone in order to reach an agreement with them
- O**pen minded - willing to consider ideas and opinions that are new or different to your own
- P**atience - the ability to wait, or to continue doing something despite difficulties
- Q**uestioning - showing an interest in learning new things
- R**eflective - ability to reflect on your own actions and engage in a process of continuous learning
- S**trong work ethic - a belief in the moral value of work
- T**ime management - using the time that you have available in a useful and effective way
- U**nderstanding - understand and respect some basic values of other cultures and countries
- V**ision - ability to think about or plan the future with imagination or wisdom
- W**illing to embrace change - accepting change as a positive development in your life
- Z**est - having enthusiasm and energy